



Go on a Hike and Bring Home a Fall Token

Fall is a magical season. What things in nature symbolize the season of fall to you? As you hike in nature, be on the lookout for something that captures the essence of fall to bring home with you. Place it someplace where you can see and enjoy it every day this month.

A Fall Token Could Be....

A dried leaf

An acorn

A piece of wheat

A pinecone

Want to leave nature where it is? Take a photo of things that symbolize fall to you. Print the photo and place it somewhere (like the refrigerator or bathroom mirror) where you can see it daily. You can even make it the background photo on your phone or computer for the month.